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Neighbourhood Centre News

July 2009

No Interest Loans Scheme (NILS) for the Great Lakes – The FNC has recently secured an NILS Scheme which is funded through The NSW Office of Fair Trading to help low income earners and Centrelink recipients purchase new white goods and furniture at no interest. NILS will operate as part of the FNC Financial Counselling Service and hopefully will be fully operational from October 2009.

Bully-Out.....a new anti-bullying program for teenagers will commence on Monday 3rd August in the CWA Room from 3.30pm – 4.30pm. This program will be lead by Robyn Sharrock and compliment the self-esteem program already offered on Thursdays.

Self Esteem for Teenagers, with Robyn Sharrock from the Kids Network, **will be held on Thursday 2nd & 9th July then take a break over the school holidays and resume on Thursday 30th July same time: from 4pm – 5pm, same venue: the CWA room - gold coin donation at the door.** Trish Smith will be assisting Robyn (for more information see www.fnc.org.au > Kids Network > Robyn Sharrock).

The Young Mum's Garden Group will commence on Tuesday 7th July in the community garden from 10am – 1pm. Activities will include (i) designing and planting out a children's garden near the Rainbow Serpent Sand Pit as well as up at the back of the School of Arts Hall, (ii) gardening and (iii) lunch – gold coin donation appreciated.....bring the kids.

Stretching & Strength Building in the community garden with Fay Shacklock

Fay has been conducting this group for over a year now. Gold coin donation (\$5 for workers) – if it is raining the class is held in the CWA room **Thursdays 9.30 – 10.30am** (if it is raining, the course goes ahead in the CWA room)

Domestic Violence Support Group for Women will take a break from on 2nd & 9th July, and re-commence on Thursday 16th July from 10.30am - 12.30pm in the CWA Room

Kylie Temple, co-ordinator of the Community Partnerships Domestic Violence Program, will again facilitate this group with participants able to join at any stage. Confidentiality is assured.

Soup Kitchen & Garden Lunches – Tuesdays 11am to 2pm

The Community Garden Soup Kitchen operates from the School of Arts kitchen on Tuesdays from 11am – 2pm (eat-in and take-a ways). For a change, **Garden Lunches** are provided on the **first Tuesday of the month** (includes salad from the garden with BBQ chicken/fish or meat wraps).

Next FNC Committee meeting: Thursday 23rd July 5.45pm; Thursday 17th Sept. @ 5.45pm (TBC)

Annual General Meeting: Friday 25th September 11am



great partnerships great communities

Forster Neighbourhood Centre is currently supported financially by:

~ The State Department of Community Services ~ NSW Health, Hunter New England ~ Great Lakes Council ~ The NSW Envirotrust
~ The Commonwealth Department of Families, Housing and Community Services & Indigenous Affairs ~ The State Office of Fair Trading
~ Club Forster & Sporties Tuncurry

Winner of Network 10 & Telstra's June 2008 Environment Award & Keep Australia Beautiful's MNC Community Garden Award 2008
The Forster Neighbourhood Centre acknowledges the Worimi Elders, both past and present, as the original custodians of the land we operate from.